**5.6 Preparation for New Session**

After about a month and a half of school holidays, preparations for a new school session can be overwhelming and intimidating for one and all, be they are the students, parents, teachers or other school staff including the Principal.

**For Principal, school staff and the school authorities**

* Building maintenance and all kind of repair-work including electricity work, fans and ACs, computers, repair of old and purchase of new.
* Maintenance of smart boards and relevant soft and hard-ware are required to be fully functional before the commencement of New Session (April,1st.)
* Proper and complete timetables are needed to be ready before the new session.
* Keeping the plan ready for teaching.
* As per Delhi Education Act 1973, every teacher is required to devote 1000 of his/her teaching hours during the academic year.
* In addition a teacher is also required to devote 200 hours for extra classes/coaching/remedial classes, after the school is over i.e. one hour 20 minutes per day, for remedial classes.
* Proper and effective teaching can only be carried out with required number of teachers for each subject. Appoint the teachers, if required.
* Shortfall in number is certain to affect the quality of education.
* It is therefore obligatory for the Management to accelerate the process of appointment of the required no. of teaching staff for each subject, to get the worthwhile outcome.

**Preparing for new session (students)**

* Review what you learned last year.
* Complete your holiday home work before opening the school.
* Glance through course guide.
* Follow e-learning.
* Students have to set some goals before beginning of the new session, to work over the course of the years.
* Work on your time-management skills. Studying is hard, especially when you don’t know the time-management wisely.
* Arrange your studying environment.
* Combine both intellectual work, that is studying and physical work, take up sports.
* Ask your educators and classmates for help whenever you feel it is required.
* Make new friends of your caliber and taste.
* Managing the stress and bringing your life into balance is a good skill to gain. Whatever you do for your stress management, the aim is to get rid of stress
* Resolve to work hard and set a few short term and long term goals, and strive hard to achieve them

**Preparing for new session (Parents)**

* **Sleep for school:** In order to keep the minds of students alert and fresh, a sound sleep of 7-8 hours for children is required. Make a time schedule to keep your child fresh.
* **Look up to learning:** Share with your child the sweet memories he/she may have experienced during the last academic year. The activity will improve his/her level of interest and liking for attending the school.
* **Walk through it:** For little kids your company will be a mood booster. Familiarize your child with key places like library, wash room, canteen etc of the school.
* **Suit them up:** Shopping for school supplies is a fun and excitement activity for children. Allow them to have the school bag, lunch box, water bottle, new clothes, color box, pencil box etc. along with school uniform, of his/her own choice.
* **Talk it out:** Asking your child about the school carries. It shows that you are interested in his/her education and give value to his/her school.
* **Bring it home:** Helping your child with his/her H.W. is worth appreciable and give tremendous encouragement in his/her further studies. Remember the students who use to study regularly at home climb a notch better in their studies.
* **Go farther:** Involvement in school functions is morale booster for your child. Participating in school’s other activities is a valuable way of connecting to the school community. You can learn a lot about the school just by talking to fellow parents. **Keep your eyes (and ears too) open:** If your child’s eating or sleeping habits have changed drastically, it may be a sign that he is having difficulty in adjusting to the new grade or an indicator of some other difficulty.
* **Read, read, and read:** Reading with your child is an invaluable way to spend quality time together on a daily basis. Reading together has a personality development effect at your child.
* **Connect.** Communicating with your child’s teacher on a regular basis is an important activity.

**Fist day at school**

**What should teachers do on first day of school?**

There are about 11 things that all the teachers are required to do on first day after summer vacations.

* Greet your students.
* Have work for them all day.
* Introductions.
* Build community. Building community is important because then, throughout the year, you can work together like a team or a family.
* Teach procedure.
* Enforce rules.
* Question and answer time.
* Read. On the first day demonstrate the importance of literacy by creating a time reading.
* Observe and assess.
* Ease the nerves of the students.
* Reinforce positive behavior and moral values.